



ensana

Pricelist

Medical, Spa & Beauty

Piešťany

Ensana Health Spa Hotels

Health Spa Piešťany

Our health spa offers the very best, effective therapies to treat musculoskeletal conditions for guests from across the globe. We use our unique natural resources; curative thermal water and sulphuric mud, combining them with first class manual treatments and therapeutic rehabilitation services. Our highly qualified team of specialised doctors and professional medical personnel are on hand to oversee your complex spa stays and treatments.

SULPHURIC MUD OF PIEŠŤANY

This mud contains a unique live eco-system, and is famous around the world thanks to its healing characteristics. The mud is taken from a still branch of the River Váh on the site of sulphurous thermal mineral water springs. After the mud is extracted, it matures for at least one year in special mud pools where sulphurous thermal water is added to enrich the mixture with mineral substances. The mature mud has a butter-like, greasy consistency, it is very malleable, with good heat conducting features, cooling down four times slower than water. Its colour is steel bluish or even black. It is applied on the body surface at the temperature of around 45°C (ranging from 44° - 46°C).

MUD POOL

Is a pool consisting of thermal mineral water and a natural bottom of 10 to 30 cm of sulphuric mud. Thermal mineral water springs seep into the pool through the mud, the water sur-

face reaching to around 50 - 90 cm above the sulphuric mud. The temperature of thermal mineral water is around 39° - 40°C; and guests generally stay in the water for around 10 minutes, depending on the recommendations of the doctor who prescribes the treatment after a thorough medical check. The treatment ends up with a shower and subsequent dry pack.

LOCAL OR FULL-BODY MUD PACKS

A mud pack helps reduce swellings in joint areas, reduces muscular tension, improves nutrition of cartilages, connective tissues and inter-vertebral discs. It increases anti-inflammatory activity and immunity processes in the body, improves the functions of cartilages, connective tissues and mobility of the joints.

PARAFANGO PACK

is a form of local heat application. It is prepared from a mixture of the Piešťany mud, paraffin and paraffin oil. It helps relieve spasms and muscle contractions, improves blood circulation, promotes the healing of tissues and has an anti-pain effect.

PELOID THERAPY FOR HANDS

The treatment combines manual therapy and the mud of Piešťany. The exercises are focused on the hands which are immersed in a mud container. The treatment helps blood circulation in the hands, relieves stress in the tissues and has an anti-pain effect multiplied by the absorption of mineral substances from the sulphuric mud.



THERMAL MINERAL WATER OF PIEŠTANY

is natural healing water at a temperature ranging from 67° to 69°C. It is medium-mineralised, sulphate bicarbonate, calcareous sodium water containing the curative hydrogen sulphide and other mineral substances. Our thermal water is used mainly for baths and drinking treatments.

THERMAL BATH (MIRROR POOL)

is a pool with an artificial bottom filled with natural sulphuric thermal mineral water at a temperature of 36° - 37°C or 38° - 39°C, where the guests are merged up to their arms or alternatively sit comfortably around the pool. A bath lasts from 10 to 20 minutes on average. The treatment ends with a dry wrap.

WHIRLPOOL

is a gentle massage using whirling water, either through its partial application on the upper or lower extremities or in the form of a total body massage in a tub at a temperature of 36° - 37°C. It contributes to a better flow of blood circulation to the extremities; it relieves muscular and joint stiffness.

INDIVIDUAL THERMAL MINERAL BATH

makes use of the absorption and effects of the sulphur and minerals through the skin, joints and connecting tissues. It reduces the blood pressure, dilates the blood vessels and reduces the free oxygen radicals. The bath has an overall relaxing and calming effect. The temperature of the sulphuric bath usually ranges from 36° to 38°C and ends up with a 15-minute dry wrap.

SCOTTISH SPRAYS

are a very intense and strong stimulating treatment where the guest is standing whilst a pressurised (3 atm) water jet is directed to the body from a distance of three or four metres. The treatment ends up with a cold shower. Scottish sprays help improve the immune system, blood circulation and metabolism and leave the guest with an overall feeling of rejuvenation.

INDIVIDUAL THERMAL BUBBLE BATH

consists of a mineral water bath at a temperature of 36° - 37°C using compressed air. The bath has a soothing effect and is suitable for insomnia and other stress related problems.













Medical Treatments

Pro Patria
Health Spa

Napoleon
Health Spa

Balnea
Health Spa

Irma
Health Spa

		EUR	EUR	EUR	EUR
Balneotherapy					
Thermal Bath (Mirror pool) + Dry Wrap	35 min.	9	9	10	16
Individual Thermal Mineral Bath + Dry Wrap	35 min.	22	22	25	27
Individual Thermal Aromabath + Dry Wrap	35 min.	24	24	29	31
Carbon Dioxide Thermal Bath + Dry Wrap	35 min.	24	24	29	31
Individual Thermal Bubble Bath + Dry Wrap	35 min.	24	24	29	31
Mud pool + Dry Wrap	 25 min.	11	11		16
Mud pool + Mirror pool + Dry Wrap	 35 min.	14	14		19
Mud Pack + Dry Wrap	35 min.	32		39	50
Paraffin for Hands	15 min.				9
Peloidtherapy for Hands	20 min.	7		8	10
CO ₂ Gas Injection	 20 min.		11	11	13
Parafango Pack	15 min.		15	15	
Paraffin Pack	15 min.			12	
Massage					
Partial Medical Massage	20 min.	20	20	24	28
Foot Reflex Massage	20 min.		26	30	33
Individual Partial Body Treatment	25 min.		23	28	35
Individual Whole Body Treatment	50 min.		45	47	55
	75 min.		55	62	77
Hot Stone Therapy	25 min.		26	30	35
	75 min.			62	72
Elektrotherapy					
TENS	 20 min.				
Interferenzstrom (ENDO)	 20 min.	12		13	14
Four Cell Galvanic Bath	 20 min.	12		13	14
Diadynamic Stimulus Current Therapy	 20 min.	12		13	14
Magnetic Therapy	 20 min.	12		13	14
Laser Therapy	 20 min.		11	12	13
Repuls	 20 min.			14	17
Bioptron lamp	10 min.	5		6	6



Mandatory medical examination



Recommended medical consultation

Medical Treatments

Pro Patria
Health Spa

Napoleon
Health Spa

Balnea
Health Spa

Irma
Health Spa

Physiotherapy

EUR

EUR

EUR

EUR

Individual Physiotherapy



20 min.

26

32

39

50 min.

44

52

Individual Sling Exercise Therapy



15 min.

7

8

8

Manual Lymph Drainage - 1 extremity



20 min.

34

39

42

Manual Lymph Drainage - 2 extremities



40 min.

51

54

62

Group Therapeutic Exercise - water

25 min.

7

8

Group Therapeutic Exercise - hall

30 min.

7

8

11

Mechanical Lymph Drainage



50 min.

17

Ergotherapy



20 min.

7

8

Traction



15 min.

7

8

Underwater Traction



15 min.

8

11

Ultrasound Therapy



12

13

14

Continuous Passive Motion Device



20 min.

17

Antispastic Kinesiotherapy



20 min.

8

8

Rehabilitation Swimming



60 min.

11

Kinesiotaping - local

20 min.

20

Lymfotaping

50 min.

45

Hydrotherapy

Hydromassage

15 min.

19

19

21

24

Underwater Jet Massage

15 min.

23

26

Dry Water Bed Massage

20 min.

20

25

Stepping Bath

10 min.

5

6

7

Whirling Cascade - complete

15 min.

19

19

21

24

Scottish Spray

10 min.

19

20

Group Whirlpool

15 min.

8

Other treatments

Oxygen Inhalation

25 min.

18

Oxygen Inhalation

60 min.

20

20

25

Dry Carbon Gas Bath

20 min.

21

23

24

Inhalation

15 min.

8

11

Salt Cave

45 min.

15

Salt Cave + Mirror Pool

75 min.

18



Mandatory medical examination



Recommended medical consultation

EUR

EUR

EUR

EUR

Pharmos Natur Treatments

Pharmos - Facial Intense Hydrating Treatment (face, neck and décolleté)	50 min.		85	85
Pharmos Facial Intense Hydrating Treatment (face, neck and décolleté)	80 min.		115	115
Pharmos Facial Treatment for men (careing of face, head and neck, releases tension and strain)	50 min.		85	85
Pharmos Body Treatment - treatment according to the current needs of client (head & neck, schoulders &arms, feet&legs)	50 min.		85	85
Pharmos Body Treatment (treatment according to the current needs of client (head & neck, schoulders &arms, feet&legs)	80 min.		115	115

Comfort Zone Face Treatments

Hydramemory - Hydration Treatment	50 min.		56	63
Active Pureness Basic - Purifying Treatment	50 min.		56	63
Active Pureness Algae - Hydration & Purifying	50 min.		69	76
Remedy - Treatment for Sensitive Skin	50 min.		69	76

Beauty Treatments

Piešťany Facial Mud Mask	20 min.		15	15
Piešťany Facial Honey Mask	20 min.		15	15
Face Massage	20 min.		20	20
Deep Facial Cleaning	60 min.		57	60
Eyelash Tinting			6	8
Eyebrow Tinting and Correction			12	15
Upper lip Wax				10
Chin Wax				10
Full Leg Wax			17	28
Leg Wax Till Knee			10	15
Arm Wax			10	15
Bikini Wax			7	12
Armpit / Underarm Wax			7	12
Hand Care with Paraffin			8	10

Laboratory Tests

Pro Patria
Health Spa

Napoleon
Health Spa

Balnea
Health Spa

Irma
Health Spa

EUR

EUR

EUR

EUR

Biochemistry

Glycaemia-blood sugar (venous blood sampling)

5

5

5

5

Glycaemia-blood sugar (finger prick blood testing)

3

3

3

3

Urea

3

3

3

3

Creatinine

6

6

6

6

Uric acid

6

6

6

6

Bilirubin

3

3

3

3

AST

3

3

3

3

ALT

3

3

3

3

GMT

3

3

3

3

Alkaline phosphatase

3

3

3

3

Cholesterol

6

6

6

6

HDL cholesterol

6

6

6

6

LDL cholesterol

6

6

6

6

TGL - triacylglycerols

6

6

6

6

Amylase S, U

3

3

3

3

Calcium

3

3

3

3

Phosphorus

3

3

3

3

Potassium (Na)

3

3

3

3

Kalium (K)

3

3

3

3

Chlorine (Cl)

3

3

3

3

CRP

8

8

8

8

ASLO

8

8

8

8

Rheumatoid factor

8

8

8

8

Creatine kinase

3

3

3

3

Anti-CCP

16

16

16

16

Hematology

Blood Count + 3-itemised differential

3

3

3

3

QUICK (INR)

3

3

3

3

Sedimentation

7

7

7

7

Urine

Basic Examination

3

3

3

3

Urine sediment

3

3

3

3

Others

Receipt of material

2

2

2

2

Doctor Examination, Nurse Services and Diagnostic Tests	Pro Patria Health Spa	Napoleon Health Spa	Balnea Health Spa	Irma Health Spa
	EUR	EUR	EUR	EUR
Doctor Services				
Initial Doctor's Check Up	39	39	39	39
Final Doctor's Check Up	39	39	39	39
Doctor's Control	39	39	39	39
Doctor's Consultation	19	19	19	19
Acute Check Up	39	39	39	39
Issuing of confirmation about spa stay in SLKP, Inc. (stay less than 13 nights)	13	13	13	13
Detailed medical report in a foreign language	32	32	32	32
Drug recipe prescription upon patient's request (1 recipe)	5	5	5	5
ECG + description by a doctor	15	15	15	15
Basic laboratory tests - basic examination of urine, glycaemia-blood, creatinine, ALT, AST, GMT, uric acid, cholesterol incl. HDL, LDL, VLDL; triglycerides, blood count + diff., FW - blood sedimentation	40	40	40	40
Other Laboratory and Diagnostics Tests upon Request				
Vitamine D test (venous blood sampling)	29	29	29	29
Nurse Services				
FW examination (sedimentation), including taking a blood sample and examination	7	7	7	7
Collection of biological material for microbiological examination - (TT, TN, TR, sputum sample does not include price of examination in external laboratory)	7	7	7	7
Monitoring of client by nurse in the room	5	5	5	5
Outpatient CRP examination	8	8	8	8
Treatment of wounds by basic disinfectants and wound capping, bandage	10	10	10	10
Measurement of basic vital functions (blood pressure, pulse, height, weight) for each performance separately upon patient's individual request	5	5	5	5
Other Medical Services				
Room service - administration of medication (by nurse)	8	8	8	8
Local Cryotherapy - Cryo bags	5	5	5	5
Medical attendant - escort to and from the treatment	8	8	9	10
Wheelchair Rental (day)	8	8	8	8
Walker Rental (day)	8	8	8	8

Outpatient and Complex Treatments	Pro Patria Health Spa	Napoleon Health Spa	Balnea Health Spa	Irma Health Spa
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	EUR	EUR	EUR	EUR
Outpatient Treatment (without accomodation)				
1x Initial Doctor's Check Up - compulsory	39	39	39	39
1x Doctor's Visit (more than 10 days)	39	39	39	39
1x Final Doctor's Check Up	39	39	39	39
Max. 4 treatments per day based on doctor's prescription				

Complex Outpatient Treatment (minimum 6 days of therapy, rate per 1 therapy day without accomodation)	77	77	88	102
1x Initial Doctor's Check Up				
1x Doctor's Control - every 6 treatment days				
1x Final Doctor's Check Up				
Max. 24 treatments per 6 days based on doctor's prescription				
Therapeutic program includes 4x active rehabilitation treatments such as group exercises or fitness training with fitness trainer				

Bonus by minimum 12 days of therapy: Basic Laboratory Tests based on doctor's prescription

Bonus by minimum 18 days of therapy: 1 day for free (18=17)
 Basic Laboratory Tests based on doctor's prescription
 1x Salt Cave or Oxygen Inhalation

Medical Policy

1. Spa treatments are not transferable from person to person.
2. All treatments offered in our packages can be provided in any of the health spa facilities of The Slovak Health Spa Piešťany Inc..
3. Examinations, diagnostic services and medical treatments that are not included in the ordered package as well as the prescribed medicine are charged according to the valid price list.
4. Costs of transport to medical examinations which are not provided in The Slovak Health Spa Piešťany Inc. are accounted for separately.
5. The diagnostic services and laboratory tests are provided only on working days.
6. The initial medical examination will be provided within 24 hours after arrival. For arrivals on Saturdays the initial medical examination will be provided within 48 hours.
7. Children under 18 will be treated after previous confirmation by spa doctor and only with accompanying adult (same gender).
8. Treatments may have a different duration as mentioned in the price list based on the guest's health and doctor's prescription.

Treatment Cancellation Conditions:

- more than 24 hours before appointment 0% of requested services
- less than 24 hours 50% of requested services
- less than 12 hours 100% of requested services.

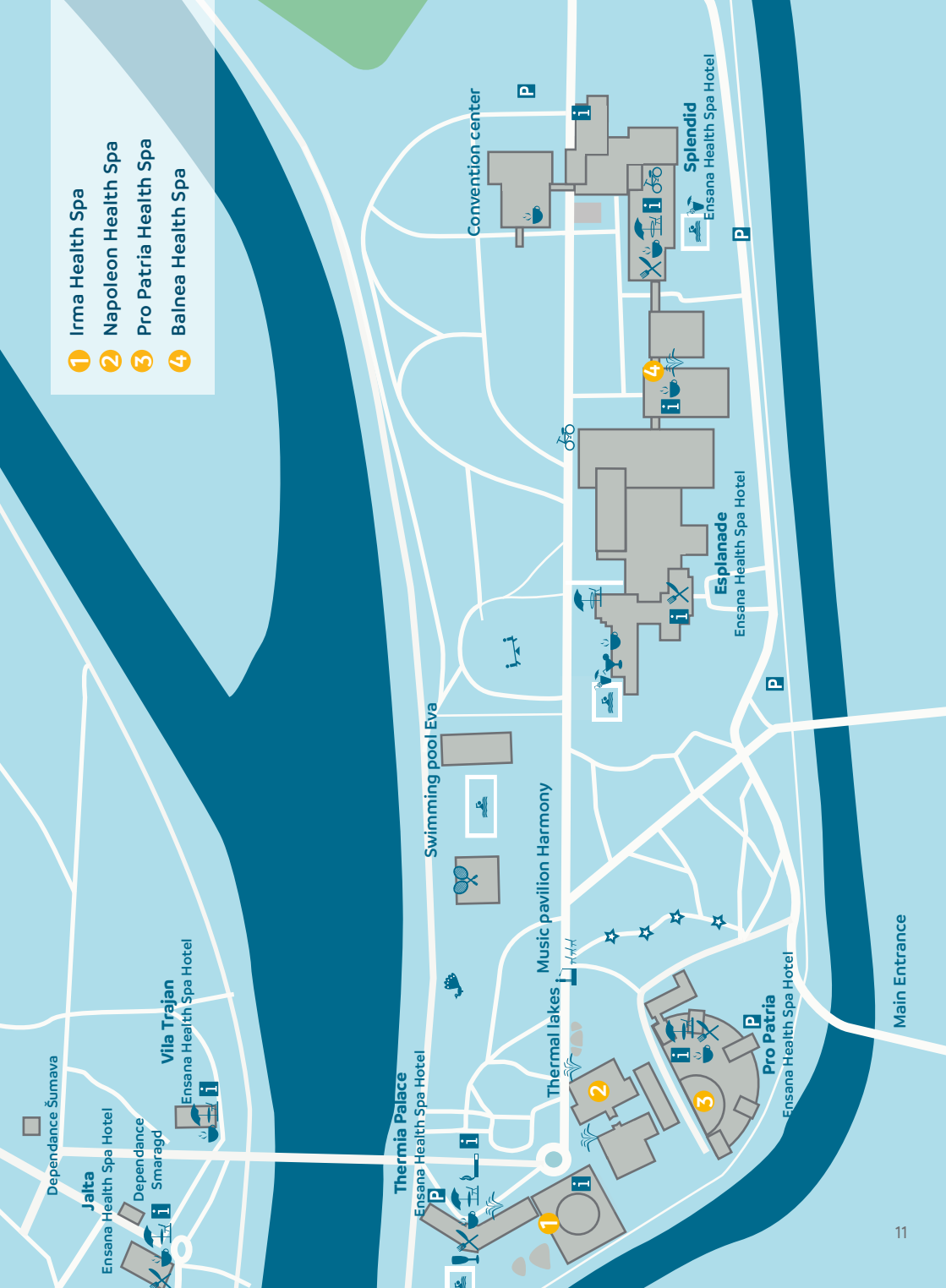
An original proof of payment is required to claim a refund.

Valid from October 1, 2021.

Prices in EUR including VAT.

General Terms and Conditions can be found on our website www.ensanahotels.com

- 1 Irma Health Spa
- 2 Napoleon Health Spa
- 3 Pro Patria Health Spa
- 4 Balnea Health Spa



Spa receptions	Telephone	E-mail
Irma Health Spa	+421 33 775 7110	repciairma@sk.ensanahotels.com
Balnea Health Spa	+421 33 775 7251 +421 33 775 7000	repciabhs@sk.ensanahotels.com
Pro Patria Health Spa	+421 33 775 7111	repcianapoleon@sk.ensanahotels.com
Napoleon Health Spa	+421 33 775 7111	repcianapoleon@sk.ensanahotels.com
Treatments bookings	+421 33 775 7227	repciabhs@sk.ensanahotels.com
Medical receptions	Telephone	E-mail
Irma Health Spa	+421 33 775 7104	medical@sk.ensanahotels.com
Balnea Health Spa	+421 33 775 7361	medical@sk.ensanahotels.com
Pro Patria Health Spa	+421 33 775 7173	medical@sk.ensanahotels.com
Emergency service	Telephone	Mobile phone
Irma Health Spa	+421 33 775 7104	+421 902 962 063
Balnea Health Spa	+421 33 775 7361	+421 902 962 061
Pro Patria Health Spa	+421 33 775 7173	+421 902 962 062

Service provider:
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www.ensanahotels.com